

R U Looking 4 Birth Control?

Teen Wellness Center (ages 12-19) – Free health services to adolescents, ages 12-19, whose parents reside in the City of Alexandria. Services include but are not limited to pregnancy testing; diagnosis and treatment of sexually transmitted diseases; reproductive health services, including the provision of birth control methods. State law permits these services to be offered without parental consent. 703.746.4776, alexandriava.gov/AdolescentHealthCenter

Alexandria Health Dept. Family Planning Clinic – Provides pregnancy testing on a walk-in basis. Call for times. 703.746.4996

Alexandria Women's Health Clinic – Provides family planning, pregnancy testing, medical procedures/services, and confidential and personalized care. Languages spoken include English and Spanish. Only accepts cash or personal checks. 703.370.0550

Annandale Women and Family Center – Offers reproductive health care, primary care, and cosmetic services. 703.751.4702, www.awfc.net

Arlandria Health Center – Provides treatment of minor illness, well child-care, family planning, well woman care, pregnancy testing and referrals, counseling and post-partum examinations. Services in Spanish available. 703.519.1725 or 703.535.5568, www.anhsi.org

Emergency Contraception Hotline – If you are 17 years old or older (male or female), Plan B is available without a prescription, over-the-counter at local pharmacies. Be sure to call the pharmacy for prices. Bring your ID with you to verify your age. EC is also available at the Alexandria Teen Wellness Center and Planned Parenthood. To find more information about EC and where it's available, call 1.888.NOT.2.LATE (1.888.668.2528), <http://ec.princeton.edu/>

Planned Parenthood of Metropolitan Washington (Falls Church) – Offers sexual and reproductive health care, including family planning, gynecological care, STI/STD testing and treatment, pregnancy testing, and other medical procedures/services. 703.533.5651, www.ppmw.org/

Teen Text Message Line – Provides answers to questions about relationships, sexual health, pregnancy, birth control, and more. Messages will be responded to within 24 hours. Text the word ACAP to 30644.

R U Looking 4 Parenting Support?

Healthy Families – Provides parenting guidance and education to vulnerable first-time families. 703.370.3223

Resource Mothers – Provides mentoring and advocacy support, home visitation and case management, primarily for the first-time pregnant and parenting teen mothers and fathers who have limited support systems. 703.836.2858, www.nvul.org/resourcemothersprogram.htm

SCAN (Stop Child Abuse Now) - Provides parenting classes and support groups. 703.820.9001, <http://www.scanva.org>

WIC (Alexandria Health Department) - A nutrition program for pregnant women, infants and children providing vouchers for nutritious foods, nutrition counseling and breastfeeding support. 703.746.4996



Services listed are not necessarily endorsed by the Alexandria Campaign on Adolescent Pregnancy

R U Looking 4 Pregnancy Resources?

Adoptions Together – Prenatal support and counseling for pregnant women, interim care and adoption services for children in need.
301.439.2900, www.adoptionstogether.org
email: info@adoptionstogether.org

Adoption Unit, Dept. of Social Services
703.746.5757, alexandriava.gov/Adoption

Alexandria Women's Health Clinic – Provides family planning, pregnancy testing, medical procedures/services, and confidential and personalized care. Languages spoken include English and Spanish. Only accepts cash or personal checks.
703.370.0550, www.alexandriawomenshealth.com

Annandale Women and Family Center – Provides reproductive health care and primary care.
703.751.4702, www.awfc.net

The Barker Foundation – Offers options counseling for pregnant women, birth fathers, and their extended families; assistance in locating medical, legal or housing resources, as well as help during labor and delivery, and post-partum care; infant foster care if needed while birth parents make decisions, medical needs are assessed, and/or an adoptive family is chosen.
301.664.9664, www.barkerfoundation.org

Casey Health Ctr., Alexandria Health Dept. – Provides prenatal care, and pediatric care. For Alexandria residents only.
703.746.4886, alexandriava.gov/CaseyHealthCenter

Hope in Northern Virginia, Inc. – Pregnancy counseling and assistance, free pregnancy tests, childbirth education and parenting programs, medical and legal assistance, complete adoption information, housing information and referrals, material goods for clients on a limited basis.
703.536.2020, www.hopeinnova.org, email: hopeinnova@verizon.net

March of Dimes – Helping to save babies from premature birth.
703.824.0111, www.marchofdimes.com

National Hispanic Prenatal Hotline (Spanish) – Designed for Hispanic women planning a pregnancy; Hispanic expectant mothers or mothers of newborns; partners, relatives or friends of expectant mothers; and providers working with Hispanic families.
1.800.504.7081, www.hispanichealth.org

Planned Parenthood Metropolitan Washington (Falls Church) – Offers sexual and reproductive health care, including family planning, gynecological care, STI/STD testing and treatment, pregnancy testing, and other medical procedures/services.
703.533.5651, www.ppmw.org

Potomac Family Planning Center (Rockville, Maryland) – Provides surgical and nonsurgical procedures, emergency contraception, walk-in pregnancy testing, birth control, routine gynecological care, STD testing, and family planning.
301.251.9124, www.potomacfamilyplanning.com

Resource Mothers – Provides mentoring and advocacy support, home visitation and case management, primarily for the first-time pregnant and parenting teen mothers and fathers who have limited support systems.
703.836.2858, www.nvul.org/resourcemothersprogram.htm



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