

# ACAP eNEWSLETTER

SPRING 2018



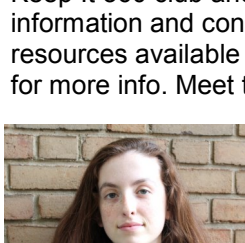
## LOCAL NEWS

### May is Teen Pregnancy Prevention Month

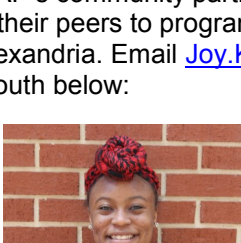
May marks the beginning of Teen Pregnancy Prevention Month! This is an important time for ACAP during which we heighten our efforts to raise awareness about what our community can do to prevent adolescent pregnancy. Teen pregnancy is a critical issue for everyone and ACAP, together with the [Keep It 360 Club](#) has planned several activities throughout the month to encourage conversations and action around the issue. Please consider participating in some of our events and spreading the word to those around you.

### Meet ACAP's New Peer Educators & Youth Leadership Council

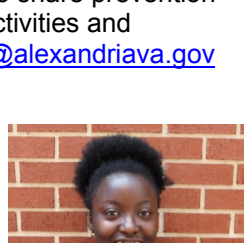
Seven Peer Educators (PE's) and five Youth Leadership Council (YLC) Members joined ACAP in April. The PE's and YLC will team up with the Keep It 360 club and ACAP's community partners to share prevention information and connect their peers to programs, activities and resources available in Alexandria. Email [Joy.Kone@alexandriava.gov](mailto:Joy.Kone@alexandriava.gov) for more info. Meet the youth below:



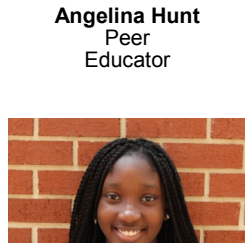
**Angelina Hunt**  
Peer Educator



**Aniy'a Debruce**  
Youth Leadership Council



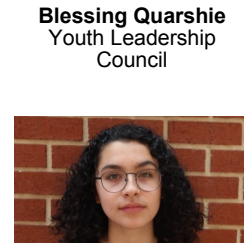
**Blessing Quarshie**  
Youth Leadership Council



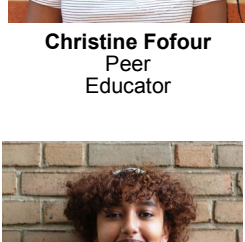
**Christine Fofour**  
Peer Educator



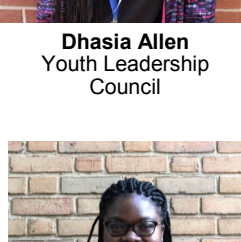
**Dhasia Allen**  
Youth Leadership Council



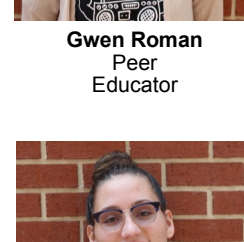
**Gwen Roman**  
Peer Educator



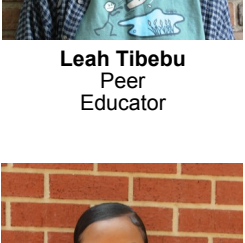
**Leah Tibebu**  
Peer Educator



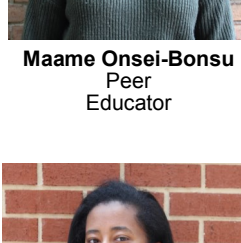
**Maame Onsei-Bonsu**  
Peer Educator



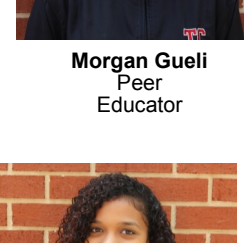
**Morgan Gueli**  
Peer Educator



**Rahel Semere**  
Youth Leadership Council



**Sesen Tesfay**  
Peer Educator



**Yasmin Hassen**  
Youth Leadership Council

### ACAP Seeks Nominations for Leadership Council

ACAP is seeking nominations for the upcoming [Leadership Council](#) election. The purpose of the ACAP Leadership Council is to create vision, develop policy, ensure accountability and provide leadership, advocacy and general promotion for ACAP so as to support the coalition's mission and needs. Leadership Council members must be members of ACAP (membership is initiated by completing a [membership form](#)), live, work, attend school or volunteer in Alexandria and demonstrate a commitment to reducing the adolescent pregnancy rate. Elections will take place at a quarterly meeting on June 27 and nominations must be received by June 13. For more information, please email: [Lisette.Torres@alexandriava.gov](mailto:Lisette.Torres@alexandriava.gov).

### Personal Responsibility Education Program Update

Exciting things are happening with ACAP's Personal Responsibility Education Program (PREP)!

Capital Youth Empowerment Program (CYEP) has been busy facilitating HIV risk-reduction curricula, *Be Proud! Be Responsible!* and *Becoming a Responsible Teen*, throughout Alexandria at ShelterCare, Juvenile Detention Center, Cora Kelly Recreation Center, and T.C. Williams. During the months of May and June, CYEP will be holding groups at the Alexandria Boys and Girls Club, T.C. Williams Satellite Campus, T.C. Williams, and Juvenile Detention Center.

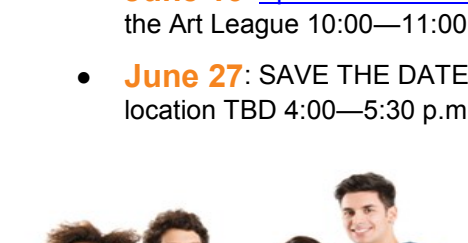
ACPS middle schools have been teaching *Draw the Line/Respect the Line*, a grade specific curriculum focused on negotiation skill building and adult-child communication. By the end of the year, all ACPS 6<sup>th</sup>-8<sup>th</sup> graders will have been taught this curriculum as part of their Family Life Education.

PREP funding has been extended for two more years! Our grant now ends at the end of 2020 - which means, big plans! We are already having conversations about future programs. By the end of this year, CYEP will be implementing *iCuidate!*, a curriculum designed for Latino/a and Hispanic youth. We're also talking with other organizations about providing groups for pregnant and parenting teens. With the extension of the grant, we're looking forward to strengthening and broadening evidence-based education in the City of Alexandria.

Email [Rachel.Mendelson@alexandriava.gov](mailto:Rachel.Mendelson@alexandriava.gov) for more info.

## UPCOMING EVENTS

- **May 1, 8, 15, 22, 29:** [Keep It 360 Club](#), T.C. Williams High School C-214 3:30—4:30 p.m. (This month's meetings will feature an open forum to talk about the impact of teen pregnancy on the community and what young people can do to prevent it, contraceptives and condoms workshops and a guest speaker!)
- **May 3:** Teen Pregnancy Prevention Month Kick Off at T.C. Williams High School (info table, trivia and prizes during all lunch periods) email [Joy.Kone@alexandriava.gov](mailto:Joy.Kone@alexandriava.gov) for more info
- **May 7—10:** Children's Mental Health Day at Minnie Howard and T.C. Williams High School (info table during all lunch periods) email [Rachel.Mendelson@alexandriava.gov](mailto:Rachel.Mendelson@alexandriava.gov) for more info
- **May 8:** Sharing the Asset Message Workshop, 2525 Mount Vernon Avenue 9:00 a.m.—1:00 p.m. (This workshop is ideal for anyone in the community who has some familiarity with the [Search Institute's Developmental Assets](#) and wants to share this information with others) email [Noraine.Buttar@alexandriava.gov](mailto:Noraine.Buttar@alexandriava.gov) to RSVP
- **May 9:** Healthy Conversations Dinner with ACAP, SAPCA and ACPS, Hammond Middle School 6:00—8:00 p.m. (An evening of intergenerational conversations—youth and adults welcomed—focused on healthy decision-making and avoiding risky behaviors as you enter the teenage years; dinner, childcare and interpretation provided) RSVP to 703-619-8055
- **May 10:** [Friend to Friend](#) Discussion Forum, T.C. Williams High School C-214 3:30—4:30 p.m. (youth are invited to take a web & avatar-based training that will help them identify and help peers with mental health challenges—training can be taken at anytime by [creating a FREE account](#) and using the enrollment key "novapeer"; the forum will be an opportunity to debrief the training and learn about related school and community resources)
- **May 11:** [Titan Takeover Pool Party](#), Chinquapin Recreation Center 6:30—9:30 p.m. (Open to all Alexandria teens!)
- **June 7:** [Teen Wellness Center Open House](#), T.C. Williams High School Door 3, 1:30 p.m. (Come learn about the Teen Wellness Center and the services it provides. School officials, community leaders, and organizational partners from the City of Alexandria will have the opportunity to meet each member of the TWC team as well as student volunteers.)
- **June 16:** [Space of Her Own](#) (SOHO) Mentor Information Session, the Art League 10:00—11:00 a.m.
- **June 27:** SAVE THE DATE for ACAP's Quarterly Meeting, location TBD 4:00—5:30 p.m.



Lisette Torres, MPA/MPL  
ACAP Coordinator  
123 N. Pitt Street | Suite 225  
Alexandria, VA 22314

### Our Mission

To prevent adolescent pregnancy through culturally and age appropriate education, advocacy, technical assistance, direct service prevention programs and public awareness. Collaboratively, we work with our young people, their families and the community to secure brighter futures.